Effect on LDL-c levels -
trials with low risk of bias
Treatment
MD
95%-CI
BER -1.32 [-1.66; -0.98]
RYR -1.07 [-1.36; -0.78]
SIL -0.44 [-1.00; 0.12]
SPI -0.29 [-0.62; 0.03]
ART. -0.27 [-0.41; -0.12]
STA -0.27 [-0.46; -0.07]
BRB -0.24 [-0.52; 0.05]
GAR -0.22 [-0.33; -0.12]
GTE -0.20 [-0.32; -0.07]
POL 0.04 [-0.26; 0.33]
Control 0.00
-1.5
-1
-0.5
0
0.5
1
1.5