Effect on HDL levels - trials
with 100 participants or less
Treatment
MD
95%-CI
BER 0.16 [0.06; 0.25]
BRB 0.11 [0.04; 0.17]
RYR 0.08 [0.03; 0.13]
STA 0.04 [-0.03; 0.11]
GAR 0.03 [0.00; 0.07]
GTE 0.03 [-0.01; 0.07]
SIL 0.03 [-0.05; 0.11]
SPI 0.03 [-0.03; 0.09]
POL 0.00 [-0.11; 0.12]
ART. 0.01 [-0.05; 0.07]
Control 0.00
-0.2
-0.1
0
0.1
0.2