Effect on TC levels -
trials with low risk of bias
Treatment
MD
95%-CI
BER -1.53 [-1.92; -1.13]
RYR -1.15 [-1.47; -0.82]
SIL -0.58 [-1.20; 0.04]
ART. -0.37 [-0.54; -0.21]
BRB -0.37 [-0.63; -0.12]
SPI -0.39 [-0.76; -0.01]
STA -0.28 [-0.52; -0.03]
GAR -0.26 [-0.38; -0.15]
GTE -0.17 [-0.31; -0.03]
Control 0.00
POL 0.16 [-0.17; 0.49]
-1.5 -1 -0.5 0 0.5 1 1.5